

# RMA OF NEW YORK



The RMA of New York Oncofertility Team understands that a diagnosis of cancer is the start of a difficult process. There are so many important decisions to be made, and one is about the preservation of your fertility prior to initiating treatment.

Their clinical team is here to help you navigate this process and provide you with information that can help you make a decision that is right for your family-building goals. Their team of specialists recognizes the challenges that accompany a cancer diagnosis and they are here to provide dedicated support through every step of the process.

212-756-5777 @RMAOFNY

@FERTILITY\_FORWARD PODCAST

[WWW.RMANY.COM/ONCOFERTILITY](http://WWW.RMANY.COM/ONCOFERTILITY)



RMA of New York offers complimentary nutritional and mental health support to all of their oncofertility patients. They have an onsite registered dietitian and social worker who can address your health holistically while you pursue treatments.



Louisa M. McGregor  
Ovarian Cancer Foundation  
[TellEveryAmazingLady.org](http://TellEveryAmazingLady.org)

Tell Every Amazing Lady® also known as T.E.A.L.® was founded in 2009 by Pamela Esposito-Amery and her late sister Louisa to address the needs of women everywhere in the fight to overcome ovarian cancer. Through outreach programs and events, public awareness campaigns across the country, and the T.E.A.L.® Walk/Run™ Program, T.E.A.L.® raises both visibility and funds. The organization dedicates significant resources to educating and mobilizing national medical experts to advance the science of and improve treatments for ovarian cancer in some of the world's most prestigious hospitals, universities and research centers.

Our programs educate, engage, and empower people of all ages and backgrounds to Tell Every Amazing Lady® about the signs, symptoms and risk factors for this cancer as well as providing support and resources to individuals from diagnosis to remission.

T.E.A.L.® Community Center  
533 16th Street  
Brooklyn, NY 11215  
[contact@tealwalk.org](mailto:contact@tealwalk.org)  
917-310-4835

[www.TellEveryAmazingLady.org](http://www.TellEveryAmazingLady.org)

T.E.A.L.® offers resources for those with cancer, those who are at risk of cancer, as well as caregivers and loved ones for those with cancer. Those resources include; information on genetics and genetic testing, survivor and caregiver support, as well as survivor/patient navigation.



## ONCOFERTILITY & FERTILITY PRESERVATION



Louisa M. McGregor  
Ovarian Cancer Foundation  
[TellEveryAmazingLady.org](http://TellEveryAmazingLady.org)



The importance of understanding your options for family planning as it pertains to health issues that affect fertility and are unique to those with ovaries.

### **What is oncofertility?**

Oncofertility is the process of preserving fertility prior to medical treatments, such as chemotherapy or radiation, that could potentially harm your reproductive system or your current fertility level.

### **Who should consider fertility preservation?**

Individuals receiving treatment that could harm their current fertility level, those who have been diagnosed with ovarian cancer, those who have tested positive for BRCA1, BRCA2, or Lynch Syndrome, and those with conditions such as PCOS and Endometriosis which can increase the lifetime risk of ovarian cancer should consider fertility preservation.

### **Is oncofertility safe?**

RMA of New York's dedicated team will work closely with you and your oncologist to ensure your safety is the top priority, navigate your care, and tailor your fertility preservation intervention accordingly.

T.E.A.L.® and RMA collaboratively recognize and acknowledge the critical importance of providing comprehensive fertility preservation options for individuals facing diverse reproductive health challenges, particularly ovarian cancer patients and survivors, those genetically predisposed to ovarian cancer (BRCA and Lynch Syndrome+) and those with polycystic ovary syndrome (PCOS), endometriosis, and other conditions unique to women. It is understood that these individuals often encounter complex and emotionally demanding journeys. Preserving and accessing fertility preservation options can significantly impact their quality of life, future aspirations, and family-building choices.

For women diagnosed with ovarian cancer, preserving fertility is of paramount significance. It is recognized that cancer treatments such as chemotherapy, radiation therapy, and surgery can have adverse effects on fertility. Therefore, T.E.A.L.® and RMA of New York are committed to raising awareness, supporting research, and collaborating with medical professionals to ensure that appropriate fertility preservation options are made available, discussed, and accessible to ovarian cancer patients.

### **How much will it cost?**

If you choose to pursue fertility treatment at RMA of New York, you will receive a dedicated financial advisor who will be able to assist in the payment process. If you have fertility benefits through your insurance, they will work closely with your provider. Additionally, RMA of New York offers a 25% discount to oncofertility patients on procedures and will connect you with their partners for grants, discounted rates, and medication coverage.

### **Are there options for someone who has already undergone cancer treatment?**

Yes. There are family-building options for patients who have already undergone treatment. You can schedule an appointment with one of RMA of New York's Reproductive Endocrinologists to learn about your options.

### **What is the timeline of the process?**

Pending your treatment start date, you will meet with members of RMA of New York's clinical team within 48-hours of your initial call to discuss the logistics of your treatment. While every patient's protocol is unique and personalized to them, the fertility preservation process will take about 10-12 days total.